

HUMILITY CALM MY SOUL

SCCC

S – Scriptures

” But I have calmed and quieted myself, I am like a weaned child with its mother;
like a weaned child I am content.” Psalm 131: 2

C – Consideration

The psalmist made a confession in verse one, saying that because of the humility of his heart and eyes, he didn’t spend his time trying to find answers to every question of his own and I believe in others. Therefore, he could find rest for his soul, trusting in the Lord. He felt like a child that after weaning had peace with its mother. He finished with a prayer for his people to put their hope in the Lord for the present and future provisions.

C- Commitment

I found in this Psalm a great lesson in my life. How many times I am after apologists, reading many books to be “ready” to answer any question someone might ask. The Scriptures encourage me to study it, to spend time meditating on it, however, I have always to search my heart and my eyes to see what my motivations are. Pride and arrogance bring a heavy burden to the soul. Jesus had

called me to come to him and to leave my loads on the cross and, learned from him for He is gentle and humble in heart. Then, he promises me: you will find rest for your soul.

C – Call

My Heavenly Father, thank you for your word this morning. How many times I had wrong motivations in my heart and try to answer everyone for things that I didn't understand, therefore, my soul had no peace, and I couldn't rest in your presence. Forgive me for these sinful acts I had done. Help me to be in the presence of Jesus to learn humility and gentleness and be in peace. In Jesus name I pray. Amen!